



Ennis Parish News

Confessions in Cathedral Saturday After 10am Mass & before and after 6.30pm Mass
St Joseph's Saturday After 11am Mass
Parish Office open Mon to Fri 9.30-1pm & 2-5pm Sat 10.30-12noon

Mass Times

Sundays:

Cathedral:- Sat. Vigil: 6.30pm; Sunday: 9am, 10.30am & 12 noon
St. Joseph's:- Sat. Vigil: 7pm; Sunday: 8, 10, 11.30am
Cloughleigh Church:- 9.30am, 11am
Friary:- Sat. Vigil: 7.30pm; Sunday: 9.30, 10.30, 12.00 noon
Poor Clare Monastery:- 7.45 a.m.

Weekdays:

Cathedral: Mon. – Fri: 7.45am; 10am & 7.30pm; 10am on Saturday
St. Joseph's:- Monday – Saturday: 11am
Cloughleigh Church:- Monday – Friday: 9.30am
Friary:- Daily: 10am & 1.05pm; 10am on Saturday
Poor Clare Monastery:- Daily at 7.45 am; Daily Exposition of The Blessed Sacrament from 4-6pm in the Chapel.

Phone Numbers:

Cathedral:- 6824043; Email: info@ennisparish.com
St. Joseph's:- 6822166; Cloughleigh: 6840715; Friary: 6828751

Ennis Parish Web Site: <http://www.ennisparish.com>

Facebook: <http://www.facebook.com/ennis.parish>

6th Sunday in Ordinary Time

(Year A)

12th February 2017

Resolutions should be focused on Feeding the Soul...

....Not Weight Loss... writes Andrea Smith (Sunday Independent Jan 1st 2017)

Now a month into the year perhaps snippets of her article may inspire and inform us ...

“To save a lot of money, time, effort and heartache because you are going to be the same person on Feb 1st as you were on Jan 1st...

No matter what you fervently believed on Jan 1st you won't have changed your life, improved your mind, or your house over the last month.

And that is completely fine...that is ok...

Life is far too short to keep flagellating yourself over the ideas of perfection imposed on you by the self-improvement police...and their multibillion industry ensuring that we don't feel good enough in our own skin.

Self-loathing is the key issue we really need to address.

Instead of embarking on a regime of self-deprivation...why not resolve to be kinder to yourself and nourish your soul and heart this year.

Unless weight physically prohibits you from participating in normal life then...put your money towards something that enhances your levels of happiness...and you will be better, stronger, more worthwhile people...

- * Engage your mind with things that stimulate you

- * Book a weekend away
- * Visit an old friend
- * Introduce a regular date night with your partner
- * Read books
- * Do some volunteering
- * Snuggle up to your dog
- * Go for a walk in the fresh air after work and breathe in the sweet sounds of nature



Make 2017 the year you opted out of punishing yourself for not measuring up to someone else's standards and start embracing the fact that you're perfect just as you are".

Bravo --- Andrea.

*Fáilte-Bienvenue-Willkommen-Benvenuto-Bienvenido-Witajcie-Bemvindo-
Welkom-Velkomin-Vitejte-Karibu-Croeso-Valkommen-Tervetuloa-Welcome*

Cathedral

Remembered in Masses this Week:

6.30pm: Tom McGrath, Nora & Kevin Ryan, Francis St.

Sun 12th: 9am: Christine Kelly, Elm Park.

Edward & Annie Mallon.

10.30am: Mary, Mick & Kitty Connellan, Ard na Greine.

Michael Hassett, Drumbiggie Rd.

Michael Griffin, Woodlawn.

Christina & Patrick Malone, Dalcassian Drive.

12noon: Mass for the People.

Mon: 7.45am: Monica Sheridan, Hermitage.

10am: Joe Foley, College Park.

7.30pm: Teresa & PJ Cassidy, Gallows Hill & Desmond Slattery, Turnpike & UK.

Tues: 7.45am Book of Intentions.

10am: John Barry & Deceased Barry family.

7.30pm: Paddy & Mary Keane, Limerick Rd.

Wed: 7.45am: Olive Slattery, College Park.

10am: Joe, May & Vera Clune, Quin.

7.30pm: Yvonne O'Callaghan Moore, Cahercalla & Turnpike.

Thurs: 7.45am: Mary B, Matt & Tim Corcoran, Templemore.

10am: Teresa McCormack, Hermitage.

7.30pm: Noel Molloy, Turnpike Rd.

Fri: 7.45am: Mass for the People.

10am: Michael & Mary Hogan, St. Flannan's Tce.

7.30pm: James(Ando) White, Dalcassian Pk. 1st Anniv

Sat: 10am: Anthony Coyle, Glenina.

6.30pm: Mass for the People.

Sun 19th: 9am: Gerard Keane, St. Anne's Tce.

Gerry & Mary Moroney, Lr Market St.

10.30am: Lorraine Cooley, Dalcassian Ave.

James (Jim) O'Halloran, Dalcassian Ave.

Maurice O'Brien, Inch.

Bryan & Ann McMahon, Woodlawn.

Nora Kierse, St. Michael's Villas. 1st Anniv

Teresa Ryan, Gallows Hill.

Willie Carr, Elm Park .

12noon: Frances Ball, Connolly Villas. MM

Roster for Cathedral:

Sunday 19th February, 2017

Readers: Group 3

Eucharistic Ministers Weekday: Group 3

Eucharistic Ministers Sunday: Group 1



Cloughleigh

Remembered in Masses this Week:

Sun 12th 9.30am: PJ & Bridie Dilger, Hermitage.

11am: Edward & Mary Hayes, Hermitage.

Tue 9.30am: .Book of Intentions

Fri 9.30am: Bernard & Nancy Murphy, Circular Rd.

Sun 9.30am: Gabriel Kerin, Considine Rd.



Hospital & Sick Calls

12th February, 2017

Duty Phone:

065 6869098

Divine Mercy Chaplet

We will continue to pray the Divine Mercy chaplet as a prayer group on this Tuesday evening; 8pm; chapter room. All are welcome to come and pray and we hope to keep up the wonderful attendance and new friendships formed so far. There will also be a short Lectio Divina after the chaplet. All welcome.



St. Joseph's



Mass intentions for scheduled Masses in St. Joseph's Church should be booked through the Parish Office. For all other events call Fr John 0656822166.

Remembered in Masses this Week:

Sat 7pm: Jim Keown, Corofin.

Sun 12th 8am: Margaret Mc Mahon, Loughville.

10am: Maura Cavanagh, Pine Grove.

11.30am: Peter Burke, Lifford Rd.

Tues 11am: Aileen Nugent, Castlerock.

Thu 11am: Deceased McCormack family, Tulla Rd.

Fri 11am: Cahill & Walsh families, Mallow.

7pm: Margaret Waters, Tullycrine. MM

Sat 11am: Joe, Kitty & Sheila Glynn, Lifford Rd.

7pm: Pat O'Brien, Shannon Park.

Sun 10am: Tony Strand, Shannon Park.

11.30am: Dymphna O'Connell, Oakleigh Wood. MM

People of the Year

Presentation of Awards Thursday 9th March

Cathedral at 8pm

Congratulations to this year's recipients:

Margaret Lynch, Cahercallamore, Kilrush Road.

Rebecca Brown, Cahercalla Heights.

Tommy Lyons, Larchill.

Noreen Moloney, Clancy Park.

Michael Carey, Loughville.

PJ Dixon, Cappamore, Barefield.

Welcome to all!

Newly Baptised



We welcome into the Christian Community through the Sacrament of Baptism:

Noah John Declan Fitzsimons;

Jan Patrick Krista;

Elizabeth Eva Kristova;

Rest in Peace



Erin Bentivagne, New York, daughter of Margaret Hastings, Quin, Teresa Kelly nee Connell, Fergus Park & Rineen, Miltown Malbay, Eileen Vaughan (nee O'Riordan), late Barefield & Corrovorrin Drive who has died in UK; Kreszentia Kraus, Greendale; Tom Ward, Monivea;

*Those we love don't go away,
they walk beside us every day.
Unseen, unheard, but always near;
still loved, still missed and very dear.*

Live the Word:



Happiness is the feeling of content you have within, which radiates into your life. To find inner contentedness is to commence a journey of self acceptance.

Ennis Parish Faith Friends' Confirmation Programme.

Faith Friends- is a parish based faith journey with transition year students for confirmation students. Over three nights in an informal atmosphere outside of the classroom in small groups, they share on themes such as Belonging- the Holy Spirit- Saints and much more. 20 students from Rice College have volunteered to be a faith friend to 63 confirmation students from Ennis National. The first night is this **Tuesday February 14th 7-8pm in the Parish Centre**. The other dates are **Tuesday February 28th and Tuesday March 7th; 7-8pm**. Thanks to the parish volunteers who organize the programme- to Mr. Cleary Rice College- and to Ennis National School parents and staff for enabling and encouraging the participation of their Confirmation students.

(The Holy Family nights will begin on March 14th with students from St. Flannan's. More information will follow).

The monthly Mass for the Ennis Padre Pio prayer group will be held in the Ennis Friary on Wed. 15th Feb. at 7.30 pm.



Thinking about Priesthood?

Come and See!



A Vocations' "Come and See" event will take place 17th and 18th February; Pallottine House, Thurles. This gathering will welcome people from the Munster/Cashel province of Dioceses. Last year there was a very successful "Come and See" event also in Thurles, where 18 men turned up. The event runs from 6pm; Friday 17th and concludes Saturday 18th; 3pm. Advance booking required. If you would like to learn more or are considering Priesthood in the Diocese of Killaloe and would like to participate in this event contact: Killaloe Diocesan Vocations Director, Fr Ignatius McCormack 0862777139.

"It is loyalty to do His will." Are you considering following the will of God in the priesthood? Call 086 2777139

Maranatha Prayer Ministry invites you to our Maranatha Healing Retreat and Family Tree Mass on Sunday, 19th February; 2.30pm; St. Paul's Church, Dooradoyle, Limerick through the Fr. Michael O'Shea, Limerick and Jose, Sehion UK, with beautiful Spirit Filled Praise and Worship Music and Song, Confessions, Rosary, Divine Mercy Chaplet, Talk, Mass and Adoration and Laying on of hands for healing. Tea after in hall. All welcome.....

Banner GAA, Clarecare and Slainte an Chláir (Clare Cancer Support) are having a fundraising Coffee morning this Sunday 12th February 9:30 - 1:30 in the Parish Hall ahead of their forthcoming cycle to Thurles. Your support would be appreciated.

Irish Kidney Association. Thank you all who contributed so generously to the recent Church gate collection in Ennis. Your support is greatly appreciated. We also thank our many volunteers. Mass has been offered for your intentions.

John Burns will provide supervised study in Rice College every day during the upcoming MidTerm Break. Starting Saturday 18th February and open every day up to and including Sunday 26th February. Daily 9am to 5pm. Sundays 12pm to 5.30pm. Prebooking is not necessary and students from all schools are very welcome. Enquiries to John on 0872766338 only and not through the school office

Clare Roots' Society: Lecture by Joe Buggy; Thursday 16th February 8pm Old Ground Hotel Joe Buggy is a genealogist with Ancestry Pro Genealogists, the in-house research team of Ancestry.com. Based in Dublin, he conducts research on behalf of clients from around the world. From 2010-2015, he lived in New York City and Washington, D.C., Joe is the author of "Finding your Irish Ancestors in New York City." He has written about researching Irish immigrants in the U.S. in a series of articles for Irish Lives Remembered genealogy magazine. Joe's talk on "US sources for tracing your American cousins" will be illustrated with some Clare examples.

Ennis Parish Development Fund for Sunday 5th February, €7,210.00

Pilgrimages 2017

ENNIS PARISH PADRE PIO TRIP TO ADRIATIC COAST & SAN GIOVANNI; For information contact Group Leader: Mary O'Sullivan: 087 1247669; Spiritual Director: Fr Tom Hogan P.P. All Dinners, Tours & Taxes included: September 15-22 - 2017; Afternoon flights from Dublin; €995.

Pilgrimage to New York. A special pilgrimage to New York from Knock will take place from 8th - 14th May. Flying directly from Ireland West Airport to JFK, the pilgrimage offers the chance to be a part of a memorable and historic trip. Itinerary includes a Requiem Mass on Saturday 13th at Old St. Patrick's Cathedral for the re-internment of the remains of John Curry, the youngest of the Knock witnesses which will be celebrated by His Eminence Cardinal Dolan. If you would like to find out more or make an enquiry, please contact the tour operators Joe Walsh Tours on (01) 2410800 or email: bronwn.clinton@joewalshstours.ie

Pilgrimage to Medjugorje, from Shannon 17th May. Fully inclusive for 7 nights €619. Spiritual Director Fr. Ger Fitzgerald. €100 deposit secures €619. After 1st February price of €669 applies. Contact Kathleen Lee 086 1031508

Diocesan Pilgrimage to Lourdes

Bishop Fintan Monahan will lead his first Diocesan Pilgrimage to Lourdes on 26th June. The 61st Diocesan Pilgrimage to Lourdes will leave Shannon on Monday June 26th, returning on Saturday July 1st. The cost this year is still €692 per person sharing. €10 discount for online booking at www.joewalshstours.ie Booking forms can be obtained from: Joe Walsh Tours, 143 Lower Baggot Street, Dublin 2. Telephone: (01) 2410810. A limited number of sick pilgrims will be accommodated in the Sanctuary of Lourdes at a cost of €595 Applications for sick pilgrims only to Fr. Tom Ryan, Pilgrimage Director, SS John & Paul Presbytery, Shannon, Co. Clare. Telephone: (061) 364133 Families or individuals often sponsor a family member, parents, or a friend on the occasion of an anniversary or Jubilee with a visit to Lourdes. Sponsorship for sick people is always welcome. For more details, see poster in Church porch and on the Killaloe Diocese website www.killaloe-diocese.ie

8 DAY PILGRIMAGE & HOLIDAY TO FATIMA & ESTORIL: This will take place from 18th - 25th August. A 5 day pilgrimage to Fatima for the Centenary year 2017 which will include a visit to the shrine of St. Anthony in Lisbon. A 3 day relaxation at the popular holiday resort of Estoril. The Pilgrimage will travel direct from Shannon to Faro. Limited numbers of places available. For further information contact Mary O'Loughlin 065-7084000 or 085-2252251

Two pilgrimages to Medjugorje: Two pilgrimages to Medjugorje September 6-13. Spiritual Directors Fr. Tom O'Gorman & Fr. Martin Blake. September 13-20, spiritual director Fr. Martin Blake. Price of €709. Contact Jimmy Considine 085 738 5385 or 065 905 9328.


MEDJUGORJE PRAYER MEETING: Monday 13th Feb; 8pm; District Daycare Centre, Clarecastle. All welcome. 

Table Quiz - Clare Crusaders fundraiser: Cloughleigh Comhaltas and Woodstock set dancers will host a Table Quiz in aid of the Clare Crusaders Clinic at Woodstock Golf and Country Club on Thursday 23rd February at 8pm. Table of 4 €20. All support greatly appreciated.

Sr. Eileen's Cúinne

Paidreacha ár Sinsir

Is iad seo a leanas roinnt paidreacha a bhíodh i mbéal ár sinsir agus is féidir linn iad a rá ó am go ham.

Nuair a bhíonn ag briseadh ar d'fhoighne:

Solas na soilse, agus radharc na Tríonóide, agus grásta na foighne, in aghaidh na héagóra.

Dod Aingeal Coimhdeachta:

Aingeal aoibhinn, Aingeal Dé, cabhraigh liom ar feadh an lae. Bí lem' ais go siorraí dlúth, is ná lig don diabhal mé a chur amú. Garda na n-aingeal os mo chionn. Dia romham is Dia liom.

Paidir le rá tar éis Chomaoineach:

Go raibh ainm milis Íosa go taitneamhach scríofa i lár mo chroíse, A Mhuire, a Mháthair Dé go raibh Íosa agamsa, Agus mise ag Íosa, Ceangal grá a bheith eadrainn go brách gan scaoileadh, Aimeán, a Íosa go brách is choíche.

Paidir eile le rá tar éis Chomaoineach (Anima Christi)

Anam Chríost, naomhaigh mé. A Choirp Chríost, slánaigh mé. A Fhuil Chríost, sásaigh mé. A Uisce, as taobh Chríost, nigh mé. A Pháis Chríost, neartaigh mé. A Íosa Dúilis, éist liom. Tabhair didean slán i do Chréachtaí dom. Ná lig dom scaradh leat. Ar an namhaid mallaithe cosain mé. Glaoigh orm ar uair mo bháis. Agus suas chugat ordaigh mo thriall i gcaoi is go molfaidh mé Tú i dteannta na Naomh ar feadh na síoraíochta. Áimeán.

The following prayers were said by our ancestors and we too can say them from time to time:

When you feel impatient:

Light of lights and vision of the Trinity, give me patience against injustice. Amen.

Prayer to Angel Guardian:

Angel guardian, Angel of God, give me your help throughout the day. Be ever and always at my side, don't let the devil send me astray.

Prayer before Holy Communion:

May the name of Jesus be written in my heart. Mary, mother of God, may Jesus be with me and I with Jesus, May we be united forever in love.

Prayer after Holy Communion; (Anima Christi)

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, cleanse me. Water from Christ's side, wash me. Passion of Christ, strengthen me. O good Jesus, hear me. Within Thy wounds hide me. Suffer me not to be separated from Thee. From the malicious enemy defend me. In the hour of my death call me. And bid me come unto Thee. That I may praise Thee with Thy saints and with Thy angels. Forever and ever. Amen.

Pope Francis invites us to celebrate St. Valentine's Day!

The WMOF2018 office has prepared flyers with ideas on how to mark this special day and gift tokens that you can give to your loved ones this 14th February. These are available in each Cathedral across Ireland, Veritas Shops and Accord centres and can also be downloaded from the WMOF2018 website: www.worldmeeting2018.ie The tokens include: a technology-free evening to do an activity of your choice; set aside time for prayer, go for a hand-in-hand walk together; a special dinner cooked by me, loads of tender hugs; a journey down memory lane: take time to remember how we met and have grown together; pray together as a couple. We also invite you to subscribe to the WMOF2018 newsletter to receive the latest updates on preparations for World Meeting of Families 2018 by email <http://www.worldmeeting2018.ie/contact> and follow us on social media: Facebook www.facebook.com/wmof2018 / Twitter www.twitter.com/wmof2018.

Today's Scripture Readings

Entrance Antiphon

Be my protector, O God,
A mighty stronghold to save me;
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name

PENITENTIAL RITE

P. Have mercy on us, O Lord

C. **For we have sinned against you.**

P. Show us, O Lord, your mercy.

C. **And grant us your salvation.**

P. May almighty God have mercy on us,
forgive us our sins, and bring us to
everlasting life.

C. **Amen.**

GLORIA

Glory to God in the highest, and on earth
peace to people of good will. We praise
you, we bless you, we adore you, we glorify
you, we give you thanks for your great glory,
Lord God, heavenly King, God, almighty
Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;

you are seated at the right hand of the
Father, have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the
Father. **Amen.**

A reading from the book of Ecclesiasticus Si 15:15-20

If you wish, you can keep the
commandments,
to behave faithfully is within your power.
He has set fire and water before you;
put out your hand to whichever you prefer.
Man has life and death before him;
whichever a man likes better will be given
him.

For vast is the wisdom of the Lord;
He is almighty and all-seeing.
His eyes are on those who fear him,
he notes every action of man.
He never commanded anyone to be
godless,
He has given no one permission to sin.

The word of the Lord

Responsorial Psalm

Response: **They are happy who follow
God's law!**

They are happy whose life is blameless,
Who follow God's Law!

They are happy those who do his will,
Seeking him with all their hearts. **R**

You have laid down your precepts

To be obeyed with care.

May my footsteps be firm

To obey your statutes. **R**

Bless your servant and I shall live

And obey your word.

Open my eyes that I may consider

The wonders of your law. **R**

Teach me the demands of your statutes

And I will keep them to the end.

Train me to observe your law,

To keep it with your heart. **R**

A reading from the first letter of St Paul to the Corinthians 1 Cor 2:6-10

We have a wisdom to offer those who have
reached maturity: not a philosophy of our
age, it is true, still less of the masters of our
age, which are coming to their end. The
hidden wisdom of God which we teach in
our mysteries is the wisdom that God
predestined to be for our glory before the
ages began. It is a wisdom that none of the
masters of this age have ever known, or
they would not have crucified the Lord of
Glory; we teach what scripture calls: the
things that no eye has seen and no ear has
heard, things beyond the mind of man, all
that God has prepared for those who love
him.

These are the very things that God
has revealed to us through the Spirit, for
the Spirit reaches the depths of everything,
even the depths of God.

The word of the Lord

Gospel Acclamation

Alleluia, Alleluia!

Speak, Lord, your servant is listening:

You have the message of eternal life.

Alleluia!

A Reading from the Holy Gospel according to Matthew Mt 5:17-37

Jesus said to his disciples: 'I tell you, if your
virtue goes no deeper than that of the
scribes and Pharisees, you will never get
into the kingdom of heaven.

'You have learnt how it was said to

our ancestors: You must not kill; and if
anyone does kill he must answer for it
before the court. But I say this to you:
anyone who is angry with his brother will
answer for it before the court; 'You have
learnt how it was said: You must not
commit adultery. But I say this to you: if a
man looks at a woman lustfully, he has
already committed adultery with her in his
heart.

'Again, you have learnt how it was said to
our ancestors: You must not break your
oath, but must fulfil your oaths to the Lord.
But I say this to you: do not swear at all,
All you need say is "Yes" if you mean yes,
"No" if you mean no; anything more than
this comes from the evil one.'

The Gospel of the Lord.

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth, of all things
visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God, born of the
Father before all ages. God from God,
Light from Light, true God from true God,
begotten, not made, consubstantial with
the Father; through him all things were
made.

For us men and for our salvation he came
down from heaven, and by the Holy Spirit
was incarnate of the Virgin Mary, and
became man. For our sake he was
crucified under Pontius Pilate, he suffered
death and was buried, and rose again on
the third day In accordance with the
Scriptures. He ascended into heaven
and is seated at the right hand of the
Father. He will come again in glory to
judge the living and the dead and his
kingdom will have no end.

I believe in the Holy Spirit, the Lord, the
giver of life, who proceeds from the Father
and the Son, who with the Father and the
Son is adored and glorified, who has
spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church. I confess one Baptism
for the forgiveness of sins and I look
forward to the resurrection of the dead
and the life of the world to come.

Amen.

Communion Antiphon

**They ate and had their fill,
And what they craved the Lord gave
them;**

**They were not disappointed in what
they craved.**